

**MG** MASON'S  
GUARANTEE

This product has been  
manufactured and repackaged in  
strict conformance with industry  
and government standards.

**Directions:** Adults only -  
one tablet daily, as a dietary  
supplement. Adequate  
folate (folic acid) in healthful  
diets may reduce a  
woman's risk of having a  
child with a brain or spinal  
cord birth defect.

**Keep Out of the Reach  
of Children.**  
Store in a dry, controlled  
room environment.



**MASON**  
*natural*<sup>®</sup>  
Vitamin B Supplement



**FOLIC ACID**  
**800 MCG**



*Essential for women in their childbearing years\**  
*Promotes healthy heart function\**

**100 TABLETS**

**FOIL - TAMPER RESISTANT SEAL 676-100**

If printed heat induced seal appears to  
be tampered with, do not use product.

**Supplement Facts**

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Folic Acid	800 mcg	200%

**GUARANTEED  
NO ADDED:**  
Sodium, Starch,  
Wheat, Corn,  
Yeast, Soy,  
Gluten, Egg,  
Fragrance,  
Artificial Colors  
or Flavors and  
Preservatives.

**Other ingredients:** Lactose, Microcrystalline Cellulose,  
Croscarmellose Sodium and Magnesium Stearate.

Manufactured for: **MASON VITAMINS, INC.**, Miami Lakes, FL 33014 USA  
Visit us at: [www.masonvitamins.com](http://www.masonvitamins.com)

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

LOT/EXP. DATE

