

MG MASON'S GUARANTEE

Product manufactured & repacked in strict conformance with industry and government standards. If FOIL TAMPER RESISTANT SEAL appears tampered with, do not use this product.

Directions: As a dietary supplement, adults take three tablets one to two times daily, preferably with meals.

Keep Out of the Reach of Children.

Store in a dry, controlled room environment.

Diets low in saturated fat and cholesterol that include 3g of soluble fiber from whole oats per day may reduce the risk of heart disease. On serving of this whole-oats product provides 1.5g of this soluble fiber.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MASON natural[®]

Food Supplement



OAT BRAN
500 MG



All Natural Source
100% DIETARY FIBER

Supports a healthy heart & cholesterol levels*

100 TABLETS

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 33

	Amount Per Serving	% Daily Value
Calcium	177 mg (calcium sulfate)	18%

Oat Bran (Avena Spp.) (Fruit)	1500 mg	**
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**Daily Value not established.

Each tablet contains 500 mg of all natural Oat Bran from the outer covering (hull) of the oat grain.

Other Ingredients: Microcrystalline Cellulose, Gelatin and Silicon Dioxide.

GUARANTEED NO ADDED: Sugar, Starch, Sodium, Yeast, Soy, Corn, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Colors or Flavors and Preservatives.

LOT/EXP. DATE

943-100

Manufactured by: MASON VITAMINS, INC.
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