

MG MASON'S GUARANTEE

This product has been manufactured and repackaged in strict conformance with industry and government standards.

Directions: As a dietary supplement, take one softgel 2 to 3 times daily or as recommended by a healthcare professional.

Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive.

Keep Out of the Reach of Children.

Store in a dry, controlled room environment.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MASON *natural*[®]

Premium Herbal Supplement

FLAX SEED OIL

1000_{MG}



May **REDUCE** the **RISK** of **Coronary Heart Disease***

*See Side Panel

Vegetarian's Choice
for Omega-3
Essential Fatty Acids

100 SOFTGELS

FOIL - TAMPER RESISTANT SEAL
If printed heat induced seal appears to be tampered with, do not use product.

1313-100

Supplement Facts

| Amount Per Serving | % Daily Value |
|--------------------------------|---------------|
| Calories | 10 |
| Calories from Fat | 10 |
| Total Fat | 1g 2%* |
| Polyunsaturated Fat | 0.5g ** |
| Flax seed Oil | 1000 mg ** |
| which contains: | |
| Alpha-Linolenic Acid (Omega 3) | 500 mg ** |
| Linoleic Acid (Omega 6) | 200 mg ** |
| Oleic Acid (Omega 9) | 200 mg ** |
| Palmitic Acid | 60 mg ** |
| Stearic Acid | 40 mg ** |

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Gelatin, Glycerin and St. John's Bread Extract.

GUARANTEED NO ADDED: Sugar, Starch, Sodium, Yeast, Soy, Corn, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Flavors and Preservatives.

LOT/EXP. DATE

Manufactured for: **MASON VITAMINS, INC.**
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Visit us at: www.masonvitamins.com

