

**MG MASON'S GUARANTEE**

This product has been manufactured and repackaged in strict conformance with industry and government standards.

**FOIL - TAMPER RESISTANT SEAL**  
If printed heat induced safety seal appears to be tampered with, do not use this product.

**Directions:** Adults, take one tablet one to two times daily as a dietary supplement, preferably with meals.

\*\*Regular exercise and a healthy diet with enough calcium helps teen, young adult and post menopausal women maintain good bone health and may reduce their high risk of osteoporosis later in life. Vitamin D improves Calcium absorption.

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store in a dry, controlled room environment.  
**Keep Out of the Reach of Children.**

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**APPROVED** This product is in compliance with California proposition 65 for **SAFE** lead content.

**USP** USP dissolution tests guarantee that this calcium carbonate product will completely dissolve in 30 minutes.

**MASON natural®**  
*Extended Release*  
**IRON**

**Super Calcium 600 + Iron & D<sup>3</sup>**

Compare to **CALTRATE® 600+Iron & D<sup>3</sup>**

**CALCIUM SUPPLEMENT**

- For Bone & Colon Health\*
- May Help Prevent Osteoporosis\*\*

**100 TABLETS**

**Supplement Facts**

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin D-3 (as cholecalciferol)	125 IU	31%
Calcium (as calcium carbonate)	600 mg	60%
Iron (as ferrous fumarate)	18 mg	100%

**Other Ingredients:** Acacia, Maltodextrin, Croscarmellose Sodium, Soy Polysaccharide, Hypromellose, Stearic Acid, FD&C Red #40 lake, Sodium Lauryl Sulfate, Magnesium Silicate, Polyethylene Glycol, Titanium Dioxide, Mineral Oil, Microcrystalline Cellulose, Ethylcellulose, Triacetin, Magnesium Stearate, Acetylated Monoglycerides and Oleic Acid.

**ALLERGEN CERTIFICATION**

This product contains soy ingredients.

**GUARANTEED NO ADDED:** Sugar, Sodium, Yeast, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Flavors and Preservatives.

Manufactured for: **MASON VITAMINS, INC.**  
Miami Lakes, Florida 33014 USA  
Visit us at: [www.masonvitamins.com](http://www.masonvitamins.com)

\*Caltrate® is a registered trademark of Wyeth Consumer Healthcare.

LOT/EXP. DATE

**953-100**

