

**MG MASON'S  
GUARANTEE**

This product has been manufactured and repackaged in strict conformance with industry & government standards.

**FOIL - TAMPER RESISTANT SEAL**

If printed heat induced safety seal appears to be tampered with, do not use this product.

**Directions:** Adults, take one tablet one to two times daily as a dietary supplement, preferably with meals.

\*\*Regular exercise and a healthy diet with enough calcium helps teen, young adult and post menopausal women maintain good bone health and may reduce their high risk of osteoporosis later in life.

Store in a dry, controlled room environment.  
**Keep Out of the Reach of Children.**

\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.



This product is in compliance with California proposition 65 for **SAFE** lead content.



**USP dissolution tests guarantee that this calcium carbonate product will completely dissolve in 30 minutes.**

**MASON** natural®

Natural OYSTER SHELL

**Calcium 500**

Compare to OS-CAL® 500†

**CALCIUM SUPPLEMENT**

- Builds Strong Bones & Teeth\*
- May Help Prevent Osteoporosis\*\*



**100 TABLETS**

**Supplement Facts**

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (as oyster shell)	500 mg	50%

**Other Ingredients:** Maltodextrin, Acacia Gum, Microcrystalline Cellulose, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Titanium Dioxide, Magnesium Stearate, Yellow #5 Lake and Blue #1 Lake.

**GUARANTEED NO ADDED:** Sugar, Sodium, Yeast, Soy, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Flavors and Preservatives.

†Os-Cal® is a registered trademark of GlaxoSmithKline Consumer Healthcare, L.P., Moon Township, PA 15108

Manufactured for: MASON VITAMINS, INC.,  
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www.masonvitamins.com

LOT/EXP. DATE

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