

**MG MASON'S GUARANTEE**

This product has been manufactured and repackaged in strict conformance with industry and government standards.

**Directions:** For persons 12 or more years of age other than pregnant or lactating women - take one softgel daily, as a dietary supplement, preferably with a meal.

**Caution:** Children, women who may become pregnant, and pregnant women, should not use more than 10,000 IU per day of Vitamin A except on the advice of a physician.

**Keep Out of the Reach of Children.** Store in a dry, controlled room environment.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**MASON** *natural*<sup>®</sup>

Vitamins A & D

**A 10,000 IU**  
WITH **D 400 IU** *From Fish Liver Oil*

**DIETARY SUPPLEMENT**  
*Promotes bone health & protects cells\**  
*Enhances vision & immune health\**

**100 SOFTGELS**

**FOIL - TAMPER RESISTANT SEAL**  
If printed heat induced seal appears to be tampered with, do not use product.

**710-100**

**Supplement Facts**

Serving Size 1 Softgel

Amount Per Serving % DV

Vitamin A 10,000 IU 200%  
(from Fish Liver Oil)

Vitamin D 400 IU 100%  
(from Fish Liver Oil)

**GUARANTEED NO ADDED:**

Yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor or sodium.

**Other Ingredients:** Gelatin, Glycerin and Soybean Oil.

**ALLERGEN CERTIFICATION** This product contains fish (cod, pollock, haddock, shark) ingredients.

Manufactured in the USA for: **MASON VITAMINS INC.**,  
Miami Lakes, FL 33014 USA  
Visit us at: [www.masonvitamins.com](http://www.masonvitamins.com)

LOT/EXP. DATE

