

600A-100N



This product has been manufactured and packaged in strict conformance with industry & government standards.

FOIL - TAMPER RESISTANT SEAL

If printed heat induced safety seal appears to be tampered with, please do not use this product.

Directions: Adults, take one tablet daily as a dietary supplement, preferably with a meal.

Keep Out of the Reach of Children. Store in a dry, controlled room environment.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*One-A-Day® Essentials™ is a registered trademark of Bayer Corporation.

Manufactured in the USA for:
MASON VITAMINS, INC. Miami
Lakes, FL 33014
1-888-860-5376
MasonVitamins.com



Dietary Supplement



Daily Multiple Vitamins with Iron

**SUGAR
FREE**

Compare to One-A-Day® Essentials™
with IRON
100 TABLETS

Supplement Facts

Serving Size 1 Tablet		
	Amount Per Serving	% DV
Vitamin A (Acetate and 17% Beta Carotene)	3,000 IU	60%
Vitamin C (Ascorbic Acid)	60 mg	100%
Vitamin D-2 (Ergocalciferol)	400 IU	100%
Vitamin E (di-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin B-1 (Thiamine Mononitrate)	1.5 mg	100%
Vitamin B-2 (Riboflavin)	1.7 mg	100%
Niacinamide (Vitamin B-3)	20 mg	100%
Vitamin B-6 (Pyridoxine HCl)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (Cyanocobalamin)	6 mcg	100%
Pantothenic Acid (Calcium Pantothenate)	10 mg	100%
Iron (Ferrous Fumarate)	18 mg	100%

Other Ingredients: Dicalcium Phosphate, gelatin, stearic acid, croscarmellose sodium, silica, microcrystalline cellulose, magnesium stearate, hypromellose, magnesium silicate, starch, titanium dioxide, polyethylene glycol, sucrose, mineral oil, FD&C yellow #5 lake*, FD&C yellow #6 lake, glucose, sodium ascorbate, mixed tocopherols and BHT. *Contains FD&C yellow #5 (tartrazine) as a color additive. **May contain hydrogenated soybean oil.**

GUARANTEED NO ADDED: Sugar, Yeast, Corn, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Flavors and Preservatives.

LOT/EXP. DATE