

This product has been manufactured and packaged in strict conformance with industry and government standards.

**Directions:** For persons 12 or more years of age other than pregnant or lactating women. As a dietary supplement take one softgel daily, preferably with a meal.

**Warning:** Children, women who may become pregnant, and pregnant women, should not use more than 10,000 IU per day of Vitamin A except on the advice of a physician.

**Keep Out of the Reach of Children.**

Store in a dry, controlled room environment.

Please  Recycle

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**MASON**  **natural**<sup>®‡</sup>

*Vitamin A*

**A-10,000<sub>IU</sub>**

**From Fish Liver Oil**

**DIETARY SUPPLEMENT**

***Promotes Healthy Vision,  
Immune Strength and  
Protects Cells\****

**100 SOFTGELS**

**FOIL - TAMPER RESISTANT SEAL**  
**If printed heat induced seal appears to be tampered with, do not use product.**

**Supplement Facts**

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin A	10,000 IU	200%
<small>(from fish liver oil and retinyl palmitate)</small>		

**Other Ingredients:** Soybean oil, gelatin, vegetable glycerin and purified water.

**ALLERGEN CERTIFICATION:** This product contains soy and fish (anchovy, mackerel, jack, herring, menhaden, sardine, smelt, bonito, tuna, sand lance) ingredients.

Manufactured in the USA for:

**MASON VITAMINS, INC.** Miami Lakes, FL 33014

1-888-860-5376 • [www.MasonVitamins.com](http://www.MasonVitamins.com)

‡Mason Natural<sup>®</sup> is a registered trademark and does not refer to any product claim.

LOT/EXP. DATE

**592-100**

**GUARANTEED NO ADDED:**  
Artificial Colors, Flavors or Sweetener, Preservatives, Sugar, Starch, Dairy, Gluten, Wheat, Yeast or Shellfish.  
**Sodium Free.**

