

**MG MASON'S  
GUARANTEE**

This product has been manufactured and repackaged in strict conformance with industry and government standards.

**Directions:** Adults - One tablet daily, as a dietary supplement.  
**Keep Out of the Reach of Children.**  
Store in a dry, controlled room environment.



**MASON** natural®

Vitamin B

**B-1  
100MG**



**DIETARY SUPPLEMENT**  
*Necessary for ENERGY Production\**  
*Maintains Healthy Heart & Nerve Function\**

**100 TABLETS**

**FOIL - TAMPER RESISTANT SEAL 565-100**  
If printed heat induced seal appears to be tampered with, do not use product.

**Supplement Facts**

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Thiamin (Vitamin B-1)	100 mg	6,666%
Calcium (dicalcium phosphate)	87 mg	9%

**GUARANTEED  
NO ADDED:**  
Sugar, Sodium,  
Starch, Wheat,  
Corn, Dairy,  
Yeast, Soy,  
Egg, Gluten,  
Fragrance,  
Artificial Colors  
or Flavors and  
Preservatives.

**Other ingredients:** Colloidal Silica, Croscarmellose Sodium, Microcrystalline Cellulose, Magnesium Stearate and Stearic Acid.

**ALLERGEN CERTIFICATION** This product is allergen FREE.

Manufactured in the USA for: **MASON VITAMINS, INC.**, Miami Lakes, FL 33014 USA  
Visit us at: [www.masonvitamins.com](http://www.masonvitamins.com)

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

**LOT/EXP. DATE:**

