

MG MASON'S GUARANTEE

This product has been manufactured and repackaged in strict conformance with industry and government standards. **FOIL - TAMPER RESISTANT SEAL** If printed heat induced seal appears to be tampered with, do not use product.

Directions: One tablet daily as a dietary supplement, preferably with a meal.

Warnings: Children, women who may become pregnant, and pregnant women should not use more than 10,000 IU per day of vitamin A except on the advice of a physician.

Keep Out of the Reach of Children. Store in a dry, controlled room environment.

Warning: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In a case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.



MASON natural®

Multivitamin

Super Multiple

34 VITAMINS and MINERALS
DIETARY SUPPLEMENT

Complete Nutritional Support

Rich in Folic Acid • Low Iron Formula

100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% DV	Amount Per Serving		% DV
Vitamin A (as fish liver oil)	10,000 IU	200%	Manganese (gluconate)	1 mg	50%
Vitamin C (as ascorbic acid and from Rose Hips, Rosa Canina (fruit) and from Acerola, Malpighia glabra (fruit))	150 mg	250%	Chromium (chloride)	100 mcg	83%
Vitamin D (from fish liver oil)	400 IU	100%	Desiccated Liver	50 mg	**
Vitamin E (di-alpha tocopheryl acetate and d-alpha tocopheryl succinate)	25 IU	83%	Glutamic Acid	25 mg	**
Thiamin (Vitamin B-1)	25 mg	1667%	Rutin (Polygonum fagopyrum) (leaves)	25 mg	**
Riboflavin (Vitamin B-2)	25 mg	1471%	Bioflavonoids (Citrus spp.) (fruit)	25 mg	**
Niacin (niacinamide)	100 mg	500%	Betaine (as betaine hydrochloride)	15 mg	**
Vitamin B-6 (pyridoxine HCl)	25 mg	1250%	Hesperidin (Citrus spp.) (fruit)	5 mg	**
Folate (folic acid)	400 mcg	100%	L-Lysine (as L-lysine hydrochloride)	5 mg	**
Vitamin B-12 (cyanocobalamin)	100 mcg	1667%	Inositol	250 mcg	**
Biotin	30 mcg	10%	Boron (sodium borate)	150 mcg	**
Pantothenic Acid (D-calcium pantothenate)	50 mg	500%	Choline (bitartrate)	150 mcg	**
Calcium (bone meal)	35 mg	4%	PABA (para-amino benzoic acid)	25 mcg	**
Iron (ferrous gluconate)	6 mg	33%	Proprietary blend	1.5 mg	**
Phosphorus (bone meal)	18 mg	2%	Alfalfa (Medicago sativa) (leaves), Watercress (Nasturtium officinale (root), Parsley (Petroselinum crispum) (leaves), Kelp (Macrocystis spp.) (Whole plant) and Lecithin		
Iodine (potassium iodide)	75 mcg	50%			
Magnesium (gluconate)	10 mg	3%			
Zinc (sulfate)	7.5 mg	50%			
Selenium (sodium selenate)	50 mcg	71%			
Copper (cupric gluconate)	1 mg	50%			

OTHER INGREDIENTS: Whey, Microcrystalline Cellulose, Crosscarmellose Sodium, Stearic Acid, Magnesium Stearate, Polyvinylpyrrolidone, and Hydroxypropyl Methylcellulose. **GUARANTEED NO ADDED:** Sugar, Starch, Yeast, Soy, Corn, Gluten, Egg, Fragrance, Artificial Colors or Flavors and Preservatives. Visit us at: www.masonvitamins.com
LOT/EXP. DATE

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Manufactured for: **MASON VITAMINS, INC.** Miami Lakes, FL 33014 USA