

This product has been manufactured and packaged in strict conformance with industry and government standards.

FOIL - TAMPER RESISTANT SEAL
If printed heat induced seal appears to be tampered with, do not use product.

Directions: Adults, take one capsule daily as a dietary supplement, preferably with a meal. Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.

Keep Out of the Reach of Children.

Store in a dry, controlled room environment.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

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MASON natural® ‡

Multivitamin

Super B-50 Complex

with 400 mcg FOLIC ACID

DIETARY SUPPLEMENT

*For energy, healthy cells & nervous system function**

100 CAPSULES



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	%DV
Vitamin B-1 (Thiamin HCl)	50 mg	3,333%
Vitamin B-2 (Riboflavin)	50 mg	2,941%
Niacinamide (Vitamin B-3)	50 mg	250%
Vitamin B-6 (Pyridoxine HCl)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12 (Cyanobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (D-calcium Pantothenate)	50 mg	500%
Inositol	50 mg	**
Choline Bitartrate	50 mg	**
Para Amino Benzoic Acid (PABA)	50 mg	**

In a natural base blend of Alfalfa, Watercress, Parsley, Lecithin and Rice Polishing Concentrate

**Daily Value not established

Other Ingredients: Gelatin, dicalcium phosphate, cellulose, stearic acid, silica, magnesium stearate, alfalfa, watercress, parsley, lecithin, rice bran.

LOT/EXP. DATE

ALLERGEN CERTIFICATION

May contain soy, wheat, gluten, tree nuts and/or peanuts.

GUARANTEED NO ADDED:

Sugar, sodium, yeast, dairy, egg fragrance, artificial colors or flavors.

Please



Recycle

537-100

