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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**MASON** natural<sup>®</sup>

Standardized Extract

# St. John's Wort



## Mood Relaxer\*

*Dietary Supplement*

**Studied and Shown**  
to promote mental and emotional well-being during mild or moderate mood swings and during times of stress.\*

### 60 Capsules

If printed heat induced seal appears to be tampered with, do not use product.

#### Supplement Facts

Serving Size 1 Capsule		
	Amount Per Serving	%DV
St. John's Wort ( <i>Hypericum perforatum</i> ) (whole herb) (Standardized to 0.3% hypericin)	300 mg	**
**Daily Value not established		

This product is a superior quality herbal extract that has been standardized by the principle active ingredient(s) in the herb-hypericin. Standardized Herbal Extracts maintain a consistent level of benefits in dose after dose. Mason Vitamins brings you the very best in herbal quality so you can feel the difference.

**Precautions:** There have been reports of photosensitivity in certain individuals. Fair skinned individuals should avoid excessive exposure to the sun when using St. John's Wort. As with any supplement, consult your pharmacist or doctor if you are taking a prescription medicine or if you are pregnant or nursing a child.

**Other Ingredients:** Dicalcium Phosphate, Gelatin and Magnesium Stearate

**GUARANTEED NO ADDED:** Sugar, Starch, Sodium, Yeast, Soy, Corn, Wheat, Dairy, Gluten, Egg, Fragrances, Artificial Colors or Flavors and Preservatives.

**Directions:** Adults, take one capsule three times daily as a dietary supplement, preferably with a meal. Must use continuously for 4 to 8 weeks to feel the benefits.

**Keep Out of the Reach of Children.** Store in a dry, controlled room environment.

Manufactured for: **MASON VITAMINS, INC.**, Miami Lakes, FL 33014 USA  
Visit us at [www.masonvitamins.com](http://www.masonvitamins.com)

LOT/EXP. DATE

