

1291-60



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MASON natural®

Standardized Extract

Valerian Root

Sleep Restfully*



Dietary Supplement

Studied and Shown

to promote restful sleep, help relax muscles, and calm mental over-activity and stress.*

60 Capsules

If printed heat induced seal appears to be tampered with, do not use product.

Supplement Facts

	Amount Per Serving	%DV
Serving Size 3 Capsules Servings Per Container 20		
Valerian (Valeriana officinalis) (root) (Standardized to 1% valerenic acid)	300mg	**

**Daily Value not established

Other Ingredients: Dicalcium Phosphate, Gelatin and Magnesium Stearate.

Directions: Adults, take three capsules one hour before bedtime. For calming effect during the day, take one capsule in the morning. For children under age twelve, consult a doctor.

GUARANTEED NO ADDED: Sugar, Starch, Sodium, Yeast, Soy, Corn, Wheat, Dairy, Gluten, Egg, Fragrances, Artificial Colors and Preservatives.

Keep Out of the Reach of Children. Store in a dry, controlled room environment. Manufactured for: MASON VITAMINS, INC., Miami Lakes, FL 33014 USA Visit us at www.masonvitamins.com LOT/EXP. DATE

This product is a superior quality herbal extract that has been standardized by the principle active ingredient(s) in the herb- Valerianic acid and essential oils. Standardized Herbal Extracts maintain a consistent level of benefits in dose after dose. Mason Vitamins brings you the very best in herbal quality so you can feel the difference.

Precautions: As with any supplement, consult your doctor or pharmacist if you are taking a prescription medicine or if you are pregnant or nursing a child.

ALLERGEN CERTIFICATION This product is allergen FREE.

