



Mason guarantees that its line of products are all manufactured and repackaged in strict conformance with industry and government standards.

If printed heat induced seal appears to be tampered with, do not use product.

**Glucosamine:** Glucosamine is manufactured by the body and is a natural building block of cartilage. Supplementing your body with Glucosamine helps nourish and repair cartilage, which cushions bones and is essential to joint flexibility and comfort.\*

**MSM:** is a natural substance that promotes healthy, flexible cells and is essential for healthy skin, joints, connective tissue, hair and nails. MSM also promotes a healthy allergic response.\*

**Directions:** As a dietary supplement, take 3 capsules daily, preferably with meals.

STUDIES HAVE SHOWN THAT CONTINUOUS USE OF THIS PRODUCT FOR NO LESS THAN 4 TO 6 WEEKS IS REQUIRED FOR OPTIMUM BENEFITS.

**Caution:** As with any supplement, check with your doctor or pharmacist if you are pregnant or nursing or are on any medication. Do not consume this product if you have an allergy to shellfish.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin C (as calcium ascorbate)	300mg	500%
Manganese (as sulfate)	9mg	450%
Glucosamine Sulfate	1500mg	..
MSM (Methylsulfonylmethane)	1000mg	..

\*\*Daily Value not established.

#### Other Ingredients:

Gelatin, stearic acid and magnesium stearate.

#### ALLERGEN CERTIFICATION

This product contains crustacean shellfish and soybeans.

**GUARANTEED NO ADDED:** Sugar, Starch, Sodium, Yeast, Corn, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Colors or Flavors and Preservatives.

**Keep Out of the Reach of Children.**  
Store in a dry, controlled room environment.

LOT/EXP. DATE:

1263-90



Manufactured in the USA for:  
**MASON VITAMINS, INC.**  
Miami Lakes, FL 33014 USA  
[www.masonvitamins.com](http://www.masonvitamins.com)