

MG MASON'S GUARANTEE

This product has been manufactured and repackaged in strict conformance with industry and government standards.
FOIL - TAMPER RESISTANT SEAL
If printed heat induced seal appears to be tampered with, do not use product.

**One small study suggests that chromium picolinate may reduce the risk of insulin resistance, & therefore possibly may reduce the risk of type 2 diabetes. FDA concludes, however, that the existence of such a relationship between chromium picolinate and either insulin resistance or type 2 diabetes is highly uncertain.

Directions: Take one tablet daily as a dietary supplement, preferably with a meal.

Caution: Diabetics/Hypoglycemics: use only under a physician's supervision.

Keep Out of the Reach of Children.
Store in a dry, controlled room environment.

chromax†Chromax® is a registered trademark of Nutrition 21.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



MASON *natural*®

Fitness Nutrition

Dietary Supplement

FORTIFIED CHROMIUM PICOLINATE 500mcg



*May reduce the risk of Type 2 Diabetes***

PLUS Choline, Inositol & Lecithin

Promotes Carbohydrate & Fat Metabolism.
Maintain Healthy Blood Sugar Levels & Fights Cravings.**

60 TABLETS

Supplement Facts
Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Calcium (as dicalcium phosphate)	63 mg	6%
Chromium (as Chromax®† chromium picolinate)	500 mcg	417%
Choline (as choline bitartrate)	50 mg	**
Inositol	50 mg	**
Lecithin	50 mg	**

**Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Stearic Acid, Magnesium Stearate.

GUARANTEED NO ADDED: Sugar, Starch, Sodium, Yeast, Corn, Wheat, Dairy, Gluten, Egg, Fragrance, Artificial Colors or Flavors, Preservatives and Animal Products. Suitable for Vegetarians.

LOT/EXP. DATE

1193-60

Manufactured for:
MASON VITAMINS, INC., Miami Lakes, FL 33014 USA
(www.masonvitamins.com)



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