

MG MASON'S GUARANTEE

This product has been manufactured and repackaged in strict conformance with industry and government standards.

**One small study suggests that chromium picolinate may reduce the risk of insulin resistance, & therefore possibly may reduce the risk of type 2 diabetes. FDA concludes, however, that the existence of such a relationship between chromium picolinate and either insulin resistance or type 2 diabetes is highly uncertain.

Directions: Take one tablet half hour prior to a meal three times daily as a dietary supplement.

Keep Out of the Reach of Children. Store in a dry, controlled room environment.

chromax Chromium Picolinate
†Chromax® is a registered trademark of Nutrition 21.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MASON natural®

Dietary Supplement

Weight Management

Chromium Picolinate



May reduce the risk of Type 2 Diabetes**

Kelp/Lecithin/B-6 and Grapefruit Extract

Enhances Metabolism, Fat & Carb breakdown*
Helps Maintain Healthy Blood Sugar Levels & Fights Cravings.*

100 TABLETS

FOIL - TAMPER RESISTANT SEAL
If printed heat induced seal appears to be tampered with, do not use product.

1184-100

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B-6 (as Pyridoxine HCl)	10 mg	500%
Iodine (Kelp-10mg)	46 mcg	31%
Chromium (elemental) (as 400 mcg of Chromax® chromium picolinate)	48 mcg	40%
Glucosmannan	200 mg	**
Grapefruit Extract(4:1)	200 mg	**
Lecithin	60 mg	**
Cider Vinegar	60 mg	**
Uva Ursi	6.3 mg	**
L-Phenylalanine	6.3 mg	**

**Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Magnesium Silicate, Silica, Magnesium Stearate, and Pharmaceutical Glaze.

ALLERGEN CERTIFICATION This product contains soy. **GUARANTEED NO ADDED:** Starch, Sodium, Yeast, Sugar, Wheat, Corn, Gluten, Dairy, Fragrance, Egg, Preservatives, Animal Products, Artificial Colors and Flavors.

LOT/EXP. DATE

Manufactured for: MASON VITAMINS, INC.,
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Visit us at: www.masonvitamins.com

