

NutriFax[®]

The Power of Mason's Pomegranate

The pomegranate is a native fruit of the Mediterranean regions and has been grown there for thousands of years. Pomegranate offers some of the worlds most powerful antioxidants. In fact, studies show that pomegranate has more antioxidants than other known antioxidant drinks such as red wine, green tea, blueberry juice, cranberry juice and orange juice. In addition, there are **some studies that suggest pomegranate may help in the treatment of prostate cancer and may prevent some brain injuries in babies.**

The Cancer Research

After skin cancer, prostate cancer is next as the cause of cancer death among men in the United States. A recent study at UC Los Angeles found that drinking pomegranate juice helped fight prostate cancer. The study was performed on 48 men with recurrent prostate cancer. Half of the men drank 8 ounces of pomegranate juice a day and the other half did not drink any pomegranate juice. The men that drank the juice were able to go 37 months before symptoms reappeared, the non-juice drinkers only went 15 months without symptoms. This study was small and is certainly not the final word on the subject. However, the research is promising and certainly warrants giving some consideration to adding pomegranate to your diet.

Brain Injury Research

A new study on mice conducted by the University of Washington School of medicine in St. Louis could hold promise for expectant mothers at risk of premature birth. Pomegranate may help their babies resist brain injuries from low oxygen and reduced blood flow associated with premature birth. The phenomenon, which is called hypoxia ischemia, causes brain injury in approximately 2 of every 1,000 full-term human births. In this latest study, researchers temporarily lowered brain oxygen levels and brain blood flow in baby mice whose mothers drank water mixed with concentrated pomegranate juice, their brain tissue loss was reduced by 60 percent in comparison to mice whose mothers ingested other liquids.



With added EGCG, from Green Tea Extract, Grape Seed Extract and Bilberry Extract for more powerful benefits! PLUS, Mason's Pomegranate gives you 100mg of Pomegranate Extract (the good stuff) and does not contain any seeds (the useless stuff), all in a convenient capsule with 0 calories!

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% DV
Pomegranate	100 mg	**
(Extract 40%, fruit)(Punica granatum)		
Green Tea Extract	60 mg	**
(90% Polyphenols, 45% EGCG) (Thea spp)(leaf)		
Grape Seed Extract	5 mg	**
(95% OPC's)(seed)(Vitis spp.)		
Bilberry Extract	5 mg	**
(25% anthocyanidin flavonoids UV)		
*Daily Values are based on a 2000 calorie diet.		
**Daily Value not established		

vs.

The Juice

Nutrition Facts	
Serving Size: 8 oz. (240ml) Servings: 2	
Amount Per Serving	Calories from Fat 0
Calories 160	
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Potassium 430mg	12%
Total Carbohydrate 40g	13%
Dietary Fiber 0g	0%
Sugars 34g	
Protein 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Other Brand

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Serving	% Daily Value
Pomegranate	200 mg **
(Punica granatum) (seed)	
Pomegranate	50 mg **
(Punica granatum) (fruit extract)	
(Standardized to contain 40% Ellagic Acid)	
**Daily Value not established.	